## Gosford Allstars Results – January 2024

## Friday 12<sup>th</sup> January 2024

	400m	
Sarah	1min 15.21 sec	

## Friday 1<sup>th</sup> Janu9ary 2024

	Shot Put	Javelin	70m	800m
Dave	10.20m		10.21 sec	3 min 03.43 sec
Lachlan		41.17m		
Tyler		54.56m		